

Each gram of Diatomateous Earth contains 0.84g silicon dioxide
Elke gram van Diatomateous Earth bevat 0.84g silikondioksied.

Store below 25°C in well closed containers.

Protect from moisture.

KEEP OUT OF REACH OF CHILDREN

Dosage and Directions for Use:

Take 1 or 2 heaping tablespoons of **HEALTHSIL** daily in divided doses. For example, take 1 heaped tablespoon in the morning and before bed time.

Mix **HEALTHSIL** with approximately half a glass of water, tea or juice. The powder does not dissolve but forms a suspension. Stirring it several times while drinking will prevent settling

Berg benede 25°C in diggeslote houers.

Beskerm teen vog.

HOU BUITE BEREIK VAN KINDERS

Dosis en Gebruiksaanwysing:

Neem 1 of 2 opgehoopte eetlepels **HEALTHSIL** daaglik in verdeelde dosisse. Bv. Neem 1 opgehoopte eetlepel in die oggend en teen slapenstyd.

Meng **HEALTHSIL** met ongeveer ; 'n halwe glas water, tee of sap. Die poeier los nie op nie, maar vorm 'n suspensie. Roer die suspensie geduring terwyl dit gedrink word sodat die suspensie nie uitsak nie.

CONTACT US:

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Lot No.: A1



**YOUR 100% NATURAL & ORGANIC WAY TO
DE-TOX AND IMPROVE YOUR HEALTH!**

PHARMACOLOGICAL ACTION

Diatomateous Earth contains 84% silicon dioxide plus 14 trace minerals. It is not actually an “earth”, but it is the fossilized remains of microscopic shells created by one-celled plants called **DIATOMS**. Diatomateous Earth is taken from fresh water deposits and is a 100% natural and organic source of silicon dioxide.

Silicon dioxide is an essential trace element in the body that is necessary for the formation of collagen for bones and connective tissue; for healthy nails, skin and hair; and for calcium absorption in the early stages of bone formation. It is needed to maintain flexible arteries, and plays a major role in preventing cardiovascular disease. Silicon dioxide also counteracts the effect of aluminium on the body and is important in the prevention of Alzheimer’s disease and osteoporosis. It stimulates the immune system and inhibits the ageing process in tissues.

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250g (net)